

COSMOPOLITAN

INDIA

beauty

Message On a Mirror

Lipstick is a powerful tool—one that can brighten up your day, boost your confidence to take on the world, and make you feel sexy in a single swipe. So we asked nine fearless women to share their daily affirmations...something they like to tell their reflection when they look into a mirror, using their favourite lipstick of the moment.

By Meghna Sharma

KANIKA RANKA
Artist and Founder,
The Studio Project

"In a world that has been plunged into uncertainty, doubt and anxiety, it has become almost second nature to constantly be fearful, of both the present and future. The 'what ifs' are on a spike every day...be it environmental, political, or social issues. The thing that has kept me going is a constant reminder to have 'faith over fear'. Faith in the intrinsic goodness of every single human being, faith in the potential of my own life, faith in Mother Nature to fight back stronger than ever before, and faith in mankind to not make the same mistakes it has made so far. I try with all my heart to light this flame of faith, and hope to ignite it in the people around me, too."

